

## Tis the Season to Boost Your Immune System

During cold and flu season, supporting your immune system is one of the best gifts you can give yourself to avoid getting sick. With so much to do this time of year, there's precious little time to waste being stuck under the weather waiting for symptoms to improve so we can get back to life.

After enduring a pandemic, we're all aware of how hand-washing and social distancing can help, but what else can be done to avoid getting hit with a seasonal virus? There are a few things you can do that will not only reduce the chance of suffering illness but improve your overall health.

### Get Your Exercise

Staying active is imperative to staying healthy. Maintaining regular exercise gets your blood circulating, lowers blood pressure, improves cardiovascular health and helps control weight. These benefits naturally contribute to boosting the immune system. If you don't have an established exercise regimen, start small; even a short daily walk is better than none. Set small goals to increase your activity level as you go. Before you know it, that daily walk around the block will turn into a mile and a healthier you.

### ...Then Get Your Rest

Lack of sleep can lead to chronic stress, depleted energy and in turn, a weakened immune system. Adults need seven to nine hours of shuteye each day, while children need eight to fourteen hours (depending on age). If you have trouble falling asleep, turn off all screens at least an hour before bed and try meditating, reading or writing to help you relax. As you establish an exercise regimen, you'll also find it easier to fall asleep after a more active day. Melatonin, the sleep hormone your body naturally produces, is also available in supplement form and can help get your sleep schedule on the right track. While generally safe when used short-term, be sure and check with your doctor if you take other medications.

### Fill Up Your Tank

The foods you eat have a direct effect on your immune system. We learn early in life that getting enough fruits and vegetables is important to staying healthy. Five to seven servings of them per day will help support your immune system by providing enough of the nutrients it needs to function. According to the Mayo Clinic, the following foods contain the best nutrients that play a role in boosting immune system health:

**Beta Carotene:** Sweet potatoes, spinach, carrots, mangoes, broccoli and tomatoes.

**Vitamin C:** Citrus fruits, berries, melons, tomatoes, bell peppers and broccoli.

**Vitamin D:** Fatty fish, eggs, fortified milk and juice and sunlight exposure.

**Zinc:** Beef, seafood, wheat germ, beans, nuts and tofu.

**Probiotics:** Cultured dairy products like yogurt and some cottage cheese brands. Also found in fermented foods such as kefir and kimchi.

**Protein:** milk, yogurt, eggs, beef, chicken, seafood, nuts, seeds, beans and lentils.

Make time for breakfast, lunch and dinner each day with healthy snacks in between. Doing so will keep your body fueled for the day ahead. Avoid skipping meals, which can lead to lower metabolism, energy loss, feelings of sluggishness and weight gain. Those who skip meals tend to find themselves looking for quick, less healthy options as a convenience when hungry, along with a tendency to overeat.

The chicken soup effect is also real. It's not just warm and comforting; it's loaded with the very nutrients you need to help boost your immune system: carrots and celery (vitamin A & C), chicken (protein and zinc), onions and herbs (antioxidants) and broth to help stay hydrated.

Even with our best efforts, we sometimes fall short of getting the proper nutrients we need. This cold and flu season, make sure your body is best prepared for whatever comes its way. ALTRUM supplements are an excellent way to help support immune system health where diet alone may not be enough. While most daily nutritional supplements are considered safe, always check with your doctor to ensure no negative interaction with other medications or side effects can occur.

### Source Information:

[Nutrition and Immunity |](#)

[The Nutrition Source | Harvard T.H. Chan School of Public Health](#)

[Fight off flu with immune-boosting nutrients - Mayo Clinic Health System](#)

[L081611.pdf \(louisville.edu\)](#)



# FEATURED PRODUCTS:

## NEW! ALTRUM Zinc Plus

- Supports Enzyme Function\* • Highly Bioavailable Form • With Copper

ALTRUM ZINC PLUS contains, L-OptiZinc®, a form of zinc complexed with the amino acid methionine. Research has demonstrated this product to be better absorbed and retained longer compared to several other forms of zinc tested.\*



### ALTRUM Zinc Plus

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALZP	EA	(1) 100-ct	\$16.15	\$17.00
ALZP	CA	(12) 100-ct	\$184.44	\$193.80

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALZP	EA	\$1.61	\$2.68	\$3.75	\$4.81	15.37
ALZP	CA	\$19.36	\$32.16	\$44.95	\$57.74	184.44



## ALTRUM C-500 Plus

ALTRUM C-500 Plus brings you 500 mg of vitamin C, a water soluble nutrient well known for its vital role in the immune system.\* This versatile vitamin also plays an important role in the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone and joint health.\* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis and the use of many nutrients, such as folic acid and iron.\* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.\*

ALTRUM C-500 Plus supplies calcium ascorbate, a buffered form of vitamin C that is bioavailable and non-acidic; it is enhanced with bioflavonoids, which work synergistically with vitamin C.\*

### ALTRUM C-500 Plus

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALVC	EA	(1) 100-count	\$12.90	\$13.55
ALVC	CA	(12) 100-count	\$147.00	\$154.80

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALVC	EA	\$1.29	\$2.14	\$2.99	\$3.84	12.25
ALVC	CA	\$15.43	\$25.63	\$35.82	\$46.02	147.00

## ALTRUM High-Potency D3

- High Potency • Helps Maintain Strong Bones\* • Supports Immune System\*

ALTRUM High-Potency D3 softgels supply this key vitamin in a highly absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun; however, it is not abundant in food. As more people avoid sun exposure, vitamin D supplementation becomes more necessary to ensure that your body receives an adequate supply.

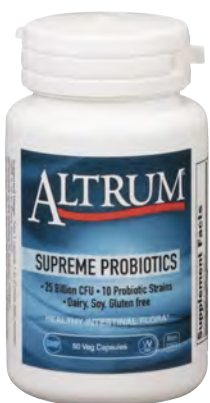


### ALTRUM High-Potency D3

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALVD	EA	(1) 120-count	\$17.85	\$18.75
ALVD	CA	(12) 120-count	\$204.00	\$214.20

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALVD	EA	\$1.78	\$2.96	\$4.14	\$5.32	17.00
ALVD	CA	\$21.42	\$35.57	\$49.72	\$63.87	204.00



## ALTRUM Supreme Probiotics

- 10 Probiotic Strains • Clinically Validated Strains\* • Gluten, Soy & Dairy free

ALTRUM Supreme Probiotics offers a balanced spectrum of live organisms consisting of acid-resistant probiotic bacterial strains that are known to naturally colonize the human GI tract.\* Probiotic bacteria are critical for healthy digestion.\* They help maintain the integrity of the intestinal lining, support proper intestinal motility and participate in the detoxification process.\* ALTRUM Supreme Probiotics contains bacterial strains that have been clinically validated for their support of healthy immune system function.\*

This product is formulated to deliver a potency of at least 25 billion CFU through the Best By date.

### ALTRUM Supreme Probiotics

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALPB	EA	(1) 50-count	\$35.65	\$37.45
ALPB	CA	(12) 50-count	\$407.04	\$427.80

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALPB	EA	\$3.56	\$5.91	\$8.27	\$10.62	33.92
ALPB	CA	\$42.73	\$70.97	\$99.20	\$127.44	407.04

# VITAMINS

## ALTRUM Women's Multi

- With Evening Primrose, Cranberry Green Tea & CoQ10 • Gentler and Easier to Swallow & Absorb

ALTRUM Women's Multi provides vitamins A, C, D and E; along with several B vitamins; and minerals, such as calcium and magnesium; and more.

We've added evening primrose, cranberry, green tea and CoQ10 to further enhance this new formula. ALTRUM Women's multi-vitamin softgels are easier to swallow and formulated for better GI tolerability.



Natural color variation may occur in this product.

### ALTRUM Women's Multi

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALWM	EA	(1) 90-count	\$35.70	\$37.50
ALWM	CA	(12) 90-count	\$408.00	\$428.40

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALWM	EA	\$3.57	\$5.93	\$8.29	\$10.64	34.00
ALWM	CA	\$42.84	\$71.14	\$99.43	\$127.74	408.00



## ALTRUM Men's Multi

- With Saw Palmetto, Plant Sterols, Lycopene and CoQ10 • Gentle on your stomach, easy to swallow and absorb

ALTRUM Men's Multi-vitamin softgels are easy to swallow and formulated to be easy on your stomach

### ALTRUM Men's Multi

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALMM	EA	(1) 90-count	\$35.70	\$37.50
ALMM	CA	(12) 90-count	\$408.00	\$428.40

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALMM	EA	\$3.57	\$5.93	\$8.29	\$10.64	34.00
ALMM	CA	\$42.84	\$71.14	\$99.43	\$127.74	408.00

## ALTRUM Essential Multi

- One Capsule Daily • Without Iron • With Fruit & Veggie Blend, Lutein & Lycopene

Multi vitamins help to bridge the nutrient gap in our daily diets. In today's world of processed foods and fast-paced lifestyles, many of us do not get the daily recommended allowance of vitamins, minerals and other nutrients. ALTRUM Essential Multi can help fill in the areas lacking in our diets and is formulated to provide a broad range of nutrition.



### ALTRUM Essential Multi

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALEM	EA	(1) 30-count	\$14.40	\$15.15
ALEM	CA	(12)30-count	\$163.80	\$172.20

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALEM	EA	\$1.43	\$2.38	\$3.33	\$4.27	13.65
ALEM	CA	\$17.20	\$28.56	\$39.92	\$51.28	163.80



## ALTRUM Prostate Health

- Standardized Saw Palmetto, Stinging Nettle & Lycopene

ALTRUM Prostate Health contains a blend of standardized extracts of herbs and nutrients in a balanced formulation.

Saw Palmetto has been shown in clinical studies to support prostate function.\*

Additional nutritional support comes from pumpkin seed oil, zinc, vitamin B-6 and lycopene.\*

### ALTRUM Prostate Health

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALPH	EA	(1) 90-count	\$39.70	\$41.70
ALPH	CA	(12) 90-count	\$453.60	\$476.40

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALPH	EA	\$3.97	\$6.59	\$9.21	\$11.83	37.80
ALPH	CA	\$47.662	\$79.09	\$110.54	\$142.01	453.60



# VITAMINS

## ALTRUM CoQ10

- Supports Heart Function\* • Cellular Energy Production\*

ALTRUM CoQ10 is formulated with 60 mg of pharmaceutical-grade CoQ10 to deliver the natural form of CoQ10 produced by fermentation.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.\* Although CoQ10 is found throughout the body, it is especially concentrated in the heart, liver and kidneys. CoQ10 works as a potent free-radical scavenger in cell membranes and within blood vessels.\* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.\*



### ALTRUM CoQ10

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALCQ	EA	(1) 60-count	\$19.95	\$20.95
ALCQ	CA	(12) 60-count	\$228.00	\$239.40

Natural color variation may occur in this product.

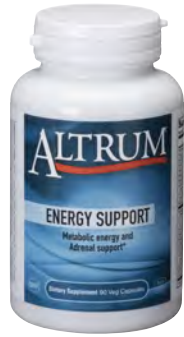
Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALCQ	EA	\$1.99	\$3.31	\$4.63	\$5.95	19.00
ALCQ	CA	\$23.94	\$39.76	\$55.56	\$71.38	228.00

## ALTRUM Energy Support

- Metabolic Energy & Adrenal Support\*

ALTRUM Energy Support combines an array of nutrients known to support your body's energy.\* It contains B vitamins, green tea, panax ginseng and rhodiola to support thermogenesis, energy production and adrenal function.\*

Caffeine is present in this product as a naturally occurring compound in herbal ingredients guarana, yerba mate and green tea. It contains approximately 64 mg of caffeine per serving (equivalent to about 1/2 cup of coffee).



### ALTRUM Energy Support

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALES	EA	(1) 90-count	\$24.55	\$25.80
ALES	CA	(12) 90-count	\$280.08	\$294.60

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALES	EA	\$2.45	\$4.07	\$5.69	\$7.31	23.34
ALES	CA	\$29.41	\$48.84	\$68.26	\$87.69	280.08

## ALTRUM Men's Male Power

- With Epimedium, Muira Puama & Tribulus

ALTRUM Men's Male Power is an herbal formula specifically designed to support a man's modern, active lifestyle.\* This unique formula features Epimedium, also known as Horny Goat Weed, plus other popular herbal ingredients like Muira puama, maca and tribulus. This blend may enhance sexual performance.\*



### ALTRUM Men's Male Power

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALMP	EA	(1) 60-count	\$24.15	\$25.40
ALMP	CA	(12) 60-count	\$276.00	\$289.80

Natural color variation may occur in this product.

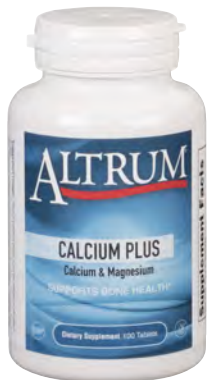
Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALMP	EA	\$2.41	\$4.01	\$5.61	\$7.20	23.00
ALMP	CA	\$28.98	\$48.13	\$67.26	\$86.41	276.00

## ALTRUM Calcium Plus

- Calcium & Magnesium - Supports Bone Health\*

ALTRUM Calcium Plus combines the essential minerals of calcium and magnesium that work together to maintain several critical physiological processes.\*

They are both necessary for normal neural, muscular and blood vessel function and for the maintenance of proper bodily fluid balance.\* Calcium and magnesium also support the formation and maintenance of a healthy skeleton.\* This product is manufactured without yeast, wheat, gluten, milk, egg, fish or shellfish ingredients. It is produced in a Good Manufacturing Practice (GMP) facility that processes other ingredients containing these allergens.



### ALTRUM Calcium Plus

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALCP	EA	(1) 100-count	\$17.85	\$18.75
ALCP	CA	(12) 100-count	\$204.00	\$214.20

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALCP	EA	\$1.78	\$2.96	\$4.14	\$5.32	17.00
ALCP	CA	\$21.42	\$35.57	\$49.72	\$63.87	204.00

# VITAMINS

## ALTRUM Focus Alert

- Amino Acids, Ginkgo & DMAE • Plus CoQ10 & Grape Seed Extract

Norepinephrine and Dopamine are key neurotransmitters for the maintenance of alertness and mental acuity and for promoting a feeling of general well-being.\* These two neurotransmitters are produced in the body from the amino acid precursors L-Tyrosine and L-Phenylalanine.\* This conversion process also requires vitamins C and B-6 as cofactors.\* ALTRUM Focus Alert combines these important nutrients with other ingredients like Ginkgo biloba and DMAE to complement this formula.\*



### ALTRUM Focus Alert

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALFA	EA	(1) 90-count	\$33.60	\$35.30
ALFA	CA	(12) 90-count	\$384.00	\$403.20

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALFA	EA	\$3.36	\$5.58	\$7.80	\$10.02	32.00
ALFA	CA	\$40.32	\$66.96	\$93.58	\$120.22	384.00

## ALTRUM Joint Support

- With Glucosamine, Boswellin® & Sea Cucumber

ALTRUM Joint Support is a combination of nutrients and other ingredients that help support the formation and function of healthy joint tissue.\* ALTRUM Joint Support provides vitamin C, manganese and copper, which are critical for the production and maintenance of healthy joint structures.\* It also has zinc, B vitamins and Boswellin, which can help support the body's proper response to everyday joint stress.\* Glucosamine is included as an essential structural component that is naturally present in bones and joints.\*

Boswellin is a registered trademark of Sabinsa Corp.

### ALTRUM Joint Support

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALJS	EA	(1) 90-count	\$22.00	\$23.10
ALJS	CA	(12) 90-count	\$251.40	\$264.00

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALJS	EA	\$2.20	\$3.65	\$5.11	\$6.56	20.95
ALJS	CA	\$26.39	\$43.84	\$61.27	\$78.71	251.40

## ALTRUM Vision Support

- With FloraGLO® Lutein • Helps Maintain Macular Health\*

ALTRUM Vision Support (ALVS) offers a full range of antioxidant nutrients that may aid in maintaining some key visual functions.\* One daily serving of Vision Support has 10 mg of Lutein, a carotenoid found in dark-green, leafy vegetables. Lutein is a dominant pigment in the macular region of the eye.\* Also included are the antioxidant Vitamins A, C, and E, as well as supporting nutrients critical for neutralizing free radicals produced by sunlight.\* In addition, Bilberry Extract has biologically active flavonoids that support healthy vision.\*

FloraGLO® is registered trademark of Kemin Industries, Inc.

### ALTRUM Vision Support

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALVS	EA	(1) 60-count	\$29.60	\$31.10
ALVS	CA	(12) 60-count	\$338.17	\$355.20

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALVS	EA	\$2.96	\$4.91	\$6.87	\$8.82	28.18
ALVS	CA	\$35.50	\$58.97	\$82.41	\$105.87	338.17



# ANTIOXIDANTS

## ALTRUM Ultra Antioxidants

- From Whole Clove Garlic

ALTRUM Ultra Antioxidants is a comprehensive blend of potent herb and fruit extracts designed to deliver a broad spectrum of flavonoids with scientifically demonstrated free-radical scavenging activity.\* These herbs and fruits have been renowned throughout the world for centuries for their ability to maintain optimal well-being.\*

### ALTRUM Ultra Antioxidants

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALUA	EA	(1) 60-count	\$24.70	\$25.95
ALUA	CA	(12) 60-count	\$282.00	\$296.40

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALUA	EA	\$2.47	\$4.10	\$5.73	\$7.36	23.50
ALUA	CA	\$29.61	\$49.17	\$68.72	\$88.29	282.00



## PROBIOTICS/ENZYMES



### ALTRUM Supreme Digestive Enzymes

- Optimizes the Nutritional Value of Food\* • Full Spectrum Enzyme Formula

ALTRUM Supreme Digestive Enzymes is a potent proprietary combination of digestive enzymes produced through controlled fermentation of select microbial species and is stable throughout the pH range of the GI tract.\* This full-spectrum digestive support formula helps to optimize nutrient absorption by assisting in the breakdown of protein, carbohydrates and fat, as well as dairy, grains and indigestible fibers found in foods such as vegetables and beans.\* In addition, ALTRUM Supreme Digestive Enzymes is suitable for vegetarians.

### ALTRUM Supreme Digestive Enzymes

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price	Natural color variation may occur in this product.
ALDE	EA	(1) 60-count	\$21.50	\$22.60	
ALDE	CA	(12) 60-count	\$245.32	\$258.00	

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALDE	EA	\$2.15	\$3.56	\$4.98	\$6.40	20.44
ALDE	CA	\$25.76	\$42.78	\$59.79	\$76.81	245.32

## OMEGA FATTY ACIDS

### ALTRUM Nutritional Oils

- Blend of Five Nutritional Oils • Healthy Skin & Immune Support\*

ALTRUM Nutritional Oils is a blend of flax seed, evening primrose, canola, black currant and pumpkin seed oils. ALTRUM combines these well-known nutritional oils to create balanced proportions of Omega-3, Omega-6 and Omega-9 fatty acids. The Omega-3, Alpha Linolenic Acid (ALA), and the Omega-6, GLA, play important roles in the maintenance of healthy skin and immune system function.\* Dietary Oleic Acid, a monounsaturated Omega-9 fatty acid, has been associated with healthy cardiovascular function.\*

From the FDA: "Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive (see nutrition information for fat content)."

Each serving may also have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats: Omega-3 [Alpha Linolenic Acid (ALA)] 45%; Omega-6 [Linoleic Acid and Gamma Linolenic Acid (GLA)] 26.5%; Omega-9 [Oleic Acid] 17.5%; Other (short chain fatty acids, saturated fats, phospholipids, etc) 11%.



### ALTRUM Nutritional Oils

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price	Natural color variation may occur in this product.
ALNO	EA	(1) 100-count	\$22.05	\$23.20	
ALNO	CA	(12) 100-count	\$252.00	\$264.60	

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALNO	EA	\$2.20	\$3.66	\$5.12	\$6.57	21.00
ALNO	CA	\$26.46	\$43.94	\$61.41	\$78.90	252.00





# OMEGA FATTY ACIDS

## ALTRUM Omega-3

- Molecularly Distilled • Odor Controlled–Enteric Coated • 180 EPA/120 DHA • Supports Heart Health\*

This natural fish-oil concentrate is manufactured under strict quality-control standards. It is tested to be free of potentially harmful levels of contaminants such as PCBs, dioxins, mercury and other heavy metals. Those who experience nausea or reflux from other fish oils should find this enteric-coated, odor-controlled soft gel easier to tolerate.

From the FDA: "Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease."



### ALTRUM Omega-3

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALOM	EA	(1) 90-count	\$16.80	\$17.65
ALOM	CA	(12) 90-count	\$192.00	\$201.60

Natural color variation may occur in this product.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALOM	EA	\$1.68	\$2.79	\$3.90	\$5.01	16.00
ALOM	CA	\$20.16	\$33.48	\$46.79	\$60.11	192.00

# SUPERFOODS/PROTEIN DRINK

## ALTRUM Odorless Garlic

- With Herbal Extracts • Maintains Optimal Health\*

ALTRUM Odorless Garlic is extracted from *Allium sativum*. Garlic abounds with naturally occurring sulfur compounds, amino acids and trace minerals.

ALTRUM Odorless Garlic is a highly purified garlic extract that has been aged for 18 months. It has been deodorized yet maintains the nutritional value of garlic.

This product is manufactured without yeast, wheat, gluten, milk, egg, fish or shellfish ingredients. It is produced in a Good Manufacturing Practice (GMP) facility that processes other ingredients containing these allergens.

### ALTRUM Odorless Garlic

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALOG	EA	(1) 100-count	\$13.80	\$14.50
ALOG	CA	(12) 100-count	\$157.20	\$165.60

Natural color variation may occur in this product. Naturally occurring particulates may be visible in this garlic softgel.

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALOG	EA	\$1.38	\$2.28	\$3.19	\$4.10	13.10
ALOG	CA	\$16.50	\$27.41	\$38.31	\$49.22	157.20



## ALTRUM Chocolate Whey Protein Powder

ALTRUM Chocolate Whey Protein Powder is a blend of three high-quality whey protein concentrates and isolates: Ultra-filtered, micro-filtered and enzymatically hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and biological value (BV). Each 1-scoop serving typically has over 5,700 mg of branched-chain amino acids (BCAAs). In addition, extra glutamine has been added (420 mg per serving) to this blend.

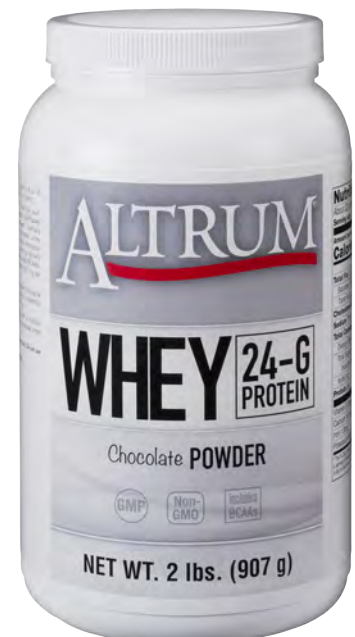
Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

### ALTRUM Chocolate Whey Protein Powder

Stock#	Units	Pkg./Size	Dealer Price	P.C. Price
ALPR	EA	(1)	\$35.00	\$36.75
ALPR	CA	(6)	\$210.00	\$220.80

Stock#	Units	Tier 1 Profit	Tier 2 Profit	Tier 3 Profit	Tier 4 Profit	Legacy Plan CCs
ALPR	EA	\$2.39	\$3.97	\$5.54	\$7.12	22.75
ALPR	CA	\$14.33	\$23.80	\$33.27	\$42.74	136.50

Natural color variation may occur in this product.  
This product is sold by weight not volume.



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Check with your physician when using prescription medications along with food supplements.



CHANGE SERVICE REQUESTED

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### ALTRUM Blender Bottle

#### Features

- BlenderBall® whisk inside
- Embossed ounce and milliliter markings
- Wide mouth makes it easy to add ingredients
- Secure screw-on lid
- StayOpen flip cap™ won't close on your nose
- GripperBars™ make it easy to hold
- Large drink/pour spout
- Easy to clean—dishwasher safe
- Fits in most car drink holders
- BPA-free

#### Usage

- To use your shaker cup, simply drop the BlenderBall wire whisk into the bottle with your ingredients, screw on the lid and shake. The surgical-grade stainless steel BlenderBall is designed to remain in the cup until you've enjoyed the contents. Just drinking water? No need to remove the BlenderBall - it won't rust, chip or peel.

#### ALTRUM Blender Bottle

Stock#	Units	Dealer Price	P.C. Price
G3267	EA	\$7.99	\$8.40

### ALTRUM Vitamin Organizer

The ALTRUM Vitamin Organizer customers with a convenient way to keep track of daily supplements. It features large compartments that can hold up to seven days of ALTRUM supplements.

With snap-tight lids and molded lettering, the 7-inch by 1.25-inch Vitamin Organizer is perfect for traveling. It also features Braille markings to designate days of the week. Each compartment holds up to seven Ultra Multis, four Nutritional Oils capsules or nine Ultra Daily Enzymes.



#### ALTRUM Vitamin Organizer

Stock#	Units	Dealer Price	P.C. Price
G3300	EA	\$3.99	\$4.20